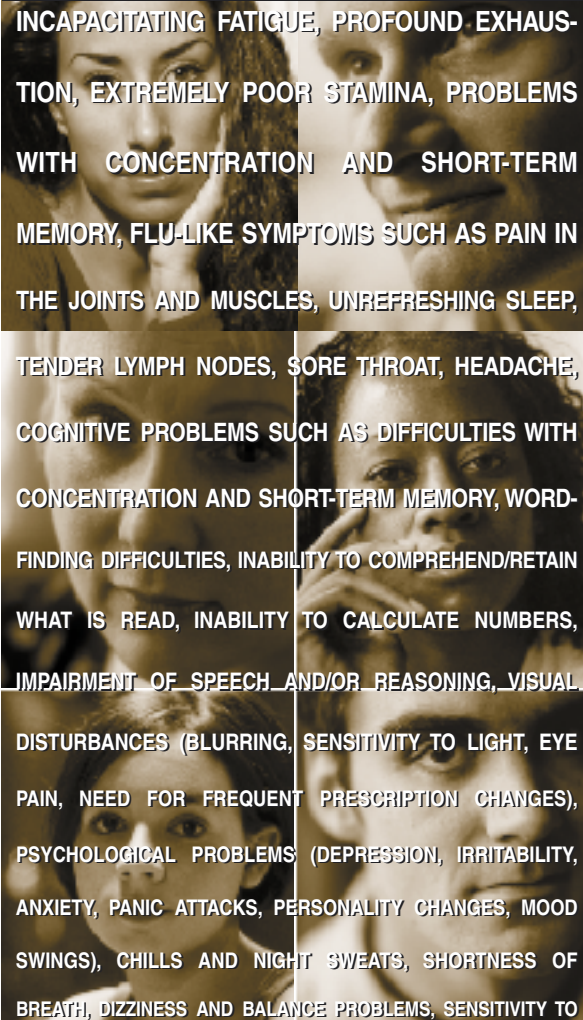


Chronic Fatigue Syndrome:

- Is more than fatigue
- Affects an estimated 800,000 U.S. adults with debilitating pain, exhaustion and cognitive problems
- Can be managed

*A collaborative project of the CDC
and The CFIDS Association of America*

Help the PERSON behind the SYMPTOMS



INCAPACITATING FATIGUE, PROFOUND EXHAUSTION, EXTREMELY POOR STAMINA, PROBLEMS WITH CONCENTRATION AND SHORT-TERM MEMORY, FLU-LIKE SYMPTOMS SUCH AS PAIN IN THE JOINTS AND MUSCLES, UNREFRESHING SLEEP, TENDER LYMPH NODES, SORE THROAT, HEADACHE, COGNITIVE PROBLEMS SUCH AS DIFFICULTIES WITH CONCENTRATION AND SHORT-TERM MEMORY, WORD-FINDING DIFFICULTIES, INABILITY TO COMPREHEND/RETAIN WHAT IS READ, INABILITY TO CALCULATE NUMBERS, IMPAIRMENT OF SPEECH AND/OR REASONING, VISUAL DISTURBANCES (BLURRING, SENSITIVITY TO LIGHT, EYE PAIN, NEED FOR FREQUENT PRESCRIPTION CHANGES), PSYCHOLOGICAL PROBLEMS (DEPRESSION, IRRITABILITY, ANXIETY, PANIC ATTACKS, PERSONALITY CHANGES, MOOD SWINGS), CHILLS AND NIGHT SWEATS, SHORTNESS OF BREATH, DIZZINESS AND BALANCE PROBLEMS, SENSITIVITY TO

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