

# Lobby Day 2007 Details

Please join the CFIDS Association of America for the 2007 Washington, D.C. CFIDS Lobby Day Training and Capitol Hill Visits on Monday and Tuesday, May 14-15. To register, please complete and return the registration form by **Friday, April 20, 2007**.

We'll make appointments for you with members of Congress and staff and we'll train you to be an effective lobbyist — all you need to do is come!

If, for any reason, your plans to attend Lobby Day change, please let us know at the earliest possible date. We make appointments on Capitol Hill based on the individual participants and it is difficult to alter schedules to accommodate last-minute cancellations and no-shows. Thank you for keeping this in mind as the date approaches.

## ***Dates & Information to Remember***

<b>Friday, April 20</b>	<b>Deadline for making hotel reservations at the Washington Plaza</b> (see below)
<b>Friday, April 20</b>	<b>Registration form due at the CFIDS Association of America</b> Your timely response helps us better utilize your time while in D.C.
<b>Friday, April 27</b>	<b>Preparation materials mailed to all Lobby Day participants</b>
<b>Monday, May 14</b> 1:00-5:00 pm	<b>Mandatory Lobby Day Training Session</b> Washington Plaza Hotel, 10 Thomas Circle NW, Washington D.C.
<b>Tuesday, May 15</b> All Day	<b>Capitol Hill Visits (Lobby Day)</b> Schedules will be distributed at the afternoon training session. <i>Please do not make your own appointments -- we will contact members of Congress on your behalf to arrange meetings.</i>
5:30 pm	<b>Lobby Day Wrap-Up Party</b> Lobby Day participants are invited to a post-Lobby Day celebration at Tom Sheridan's home to share the day's experiences and achievements.

## ***Hotel Information***

***Washington Plaza Hotel***  
***10 Thomas Circle, NW, Washington, DC 20005***  
***Phone: 202-842-1300 or 1-800-424-1140***

Group rate reservations **must** be made **by 5:00 pm on April 20**. Room rate: \$149 (plus tax) per night.

**Reserve your room today, either by phone or online!**

\*Call in your reservation locally at 202-842-1300, or out of state at 1-800-424-1140, ***mention group code "CFIDS-Lobby Day" to get the group rate*** and provide a credit card number to guarantee your room.

\*Book your reservation online at [www.washingtonplazahotel.com](http://www.washingtonplazahotel.com) – click on MAKE A RESERVATION, then click "Group Reservations" at the bottom of the screen. Enter the "Attendee Code" # 5961 and you will see the CFIDS Association's group information, continue the process to make your reservation.

# 2007 Lobby Day Registration Form

Please note: We will be scheduling meetings with members of Congress on behalf of participants, so having an accurate list of attendees is important. Since illness and other complications sometimes result in unexpected cancellations, we ask that you notify us at the earliest opportunity if you, or someone you have registered, will not be able to attend. Registration deadline: April 20, 2007.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail (if applicable): \_\_\_\_\_

I am:  a person with CFIDS  a family member or friend  other \_\_\_\_\_

Yes, I would like a complimentary "Spark!CFS" T-shirt. My adult T-Shirt size is \_\_\_\_\_

## In Washington, I will be staying:

At the Washington Plaza (call **202-842-1300** or **800-424-1140** — by April 20: code "CFIDS-Lobby Day")

At home or other accommodations:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Local phone: \_\_\_\_\_

## Special needs (please check all that apply):

I will be participating in a wheelchair and will bring someone to help me get around.

I will be participating in a wheelchair and need a person to push my chair. (While we try to recruit healthy volunteers to push wheelchairs, *there is no guarantee that we will have enough helpers for everyone*. If you plan to use a wheelchair, please try to bring an able friend or relative to help.)

Other: \_\_\_\_\_

## Meeting preferences and information:

Each meeting typically lasts 10 to 20 minutes. We will assign appointments based on advocates' home states and congressional committee assignments. *Please do not schedule your own appointments*. We will try to accommodate your preferences (noted below), but we can't guarantee them, as we are dependent upon the availability of congressional members and staffers on May 15.

## Please schedule me on May 15 for (please check all that apply):

Morning appointments on Capitol Hill

Afternoon appointments on Capitol Hill

A maximum of 3 meetings (light schedule)

A maximum of 9 meetings (heavy schedule)

In addition to my home state, I have personal connections and would be willing to meet with Congresspersons from the following state(s) (if needed):

State: \_\_\_\_\_ Connection: \_\_\_\_\_

State: \_\_\_\_\_ Connection: \_\_\_\_\_

(continued)

**The following CFIDS advocate(s) will be attending with me:**

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail (if applicable): \_\_\_\_\_

This person is:  a person with CFIDS  a healthy family member or friend  other \_\_\_\_\_

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail (if applicable): \_\_\_\_\_

This person is:  a person with CFIDS  a healthy family member or friend  other \_\_\_\_\_

**Please complete and return this registration form to Kim Almond's attention  
no later than Friday, April 20, 2007 using the mailing address or fax number below.**

The CFIDS Association of America, Inc. • 6827 Fairview Road, Suite A, Charlotte, NC 28210  
Phone: 704-365-2343 • Fax: 704-365-9755 • E-mail: LobbyDay@cfids.org

### **Additional Information**

#### **Media contacts**

Media in your local community may take an interest in your participation in the Association's Lobby Day activities. Your plans to attend this event might also be the "hook" that interests a reporter in writing a story about CFIDS and how it impacts a local resident. This year we'll use the Association's on-line Grassroots Action Center (GAC) to contact newspaper, radio and tv reporters. In late April, we'll contact you by e-mail with specific, easy-to-follow instructions on how to spread the word that you're headed to Washington, D.C. to educate lawmakers about CFIDS. You'll be able to determine how you wish to portray your own story and which media outlets receive the information. If you haven't used the GAC before, visit it now to see for yourself how easy it is to use – go to [www.cfids.org](http://www.cfids.org) and click on the Capitol Building icon. You can also sign up to receive periodic notices about issues of potential interest and opportunities to make a timely impact on lawmakers and public health officials.

#### **Air travel to Washington, D.C.**

Airlines service the Washington area through three airports: Reagan National (DCA) (the closest to downtown D.C.), Dulles International (IAD) (located west of Washington, D.C. in Virginia) and Baltimore-Washington (BWI) (located close to Baltimore, MD). While travel in and out of Reagan is the most convenient, fares are sometimes more attractive using Dulles or BWI. You can search all 3 airports at once on [expedia.com](http://expedia.com) or [Travelocity.com](http://Travelocity.com) using the WAS code. Southwest Airlines has a large number of flights to/from BWI; check their schedule and fares at [www.southwest.com](http://www.southwest.com).

Other travel details will be included with preparation materials.